

Welcome to Lakepoint Childcare and Learning Centre – Infant and Toddler Cedar, Oak and Fern rooms



Brochure V1.0

Join us as we embark on a journey of growth, learning, and fun!



Contents

1. Programs & Features
2. Why Choose Lakepoint
3. Welcome Pack for Parents
 - A. Philosophies
 - B. Tips on How to Help Your Child Adjust to Daycare
 - C. Gradual Entry Guidelines
 - D. Daily Schedules
 - E. Monthly Themes
 - F. Outdoor Time Activities
 - G. First Day Supplies
 - H. Brightwheel App
4. Connie's Philosophy

Lakepoint Childcare Infant & Toddler Program

The graphic is a colorful collage of illustrations and text. At the top, it says 'AGE 8 MONTHS & TODDLER PROGRAM'. Below this, there are three main sections: 'AGE 8 MONTHS Program', 'Cedar & Toddler Program', and 'OAK N AK Program'. The 'OAK N AK Program' is further divided into 'FERN' and 'OAK'. At the bottom, there are three columns: 'Age: 8 Months' with a crib icon, 'Age: 13 Months to 36 months' with a child playing, and 'Infant & Toddler Rooms' with a grid of room icons and numbers.

AGE 8 MONTHS Program

Cedar & Toddler Program

OAK N AK Program

FERN

Age: 8 Months

Age: 13 Months to 36 months

Infant & Toddler Rooms

2005	0.80	1.50	2.50
3005	0.95	2.50	3.50

Programs & Features

Infant & Toddler Program

- Designed for children aged 8 months to 36 months.
- Starting with the Oak Room for 12 children on February 3, 2025.
- On March 3, 2025, we will expand to include the Cedar and Fern Rooms, each accommodating 8 children, for a total of 16 additional spaces.
- Focused on emotional, social, and cognitive development.
- Activities include sensory play, language-building, and physical growth.
- Additional Staff Coverage: Extra staff are on-site during end-of-day shifts to support children during pick-up times.

Why Choose Lakepoint?

- **Educated Staff:** Our team comprises trained Infant Toddler Educators (ITE) specializing in care for young children with special needs, Early Childhood Educators (ECEs), and Assistants (ECEAs).
- **Child-to-Staff Ratio:** A low ratio of 4:1 ensures personalized care and attention for each child.
- **Personalized Transition Program:** A two-week “Intensive Care” program ensures every child’s smooth adjustment.
- **Brightwheel App:** Stay connected with real-time updates about your child’s activities, emotions, and progress.
- **Thoughtful Themes & Activities:** Monthly themed activities designed to inspire curiosity and creativity.



Welcome Pack for Parents

Each family receives a thoughtfully designed welcome pack, including:

1. **Room's Philosophy:** Insights into the teaching styles and nurturing approaches of our skilled staff to build trust and familiarity.
2. **Tips on How to Help Your Child Adjust to Daycare:** Practical advice to support your child's smooth transition.
3. **Gradual Entry Guidelines:** A detailed plan to help ease your child into the daycare environment step by step.
4. **Room Schedules:** A comprehensive outline of daily routines, including snack times, nap times, play sessions, and learning activities.
5. **Monthly Themes :** A list of themes for each month giving a new and unique experience to kids and the families



Philosophies

Cedar Room

Nurturing Growth in a Calm Environment

The Cedar Room provides a warm and inviting space where infants and toddlers aged 10 months to 3 years are encouraged to explore their surroundings in a calm and nurturing atmosphere. Through sensory play, gentle guidance, and developmentally appropriate activities, children build the foundations for confidence and curiosity.

Oak Room

Exploring Connections with Nature and Each Other

The Oak Room combines a love for the outdoors with early childhood development. Children engage in nature-inspired activities that foster connections with their peers and surroundings. Through exploration, sensory experiences, and group play, the Fern Room promotes holistic growth and community-building.

Fern Room

Building Independence and Fostering Creativity

The Fern Room is designed to inspire young learners to express themselves through play and interaction. With a focus on fostering independence and creativity, this space offers carefully planned activities to stimulate curiosity while developing social and motor skills in a safe and engaging environment.



6. Keep Goodbyes Brief

A quick, loving goodbye reassures your child without drawing out the separation. Avoid sneaking away, as it can create anxiety.

7. Communicate with Teachers

Share insights about your child’s preferences, routines, and comfort strategies. Stay in touch to monitor their adjustment and address concerns.

8. Be Patient with the Process

Adjusting to daycare takes time. Celebrate small milestones and provide extra love and support at home during the transition period.

9. Reinforce Positivity at Pickup

Ask about their day and praise their efforts to adjust. Highlight exciting moments to reinforce positive feelings about daycare.

10. Create a Connection to Daycare at Home

Sing songs, read books, or talk about activities they enjoyed at daycare to maintain familiarity and encourage enthusiasm.



Gradual Entry Guidelines

Infant/Toddler Gradual Entry Schedule

Week 1 : Group A

Day 1: 8:00 AM to 9:00 AM – Approximately 1 hour visit.

Day 2: 8:00 AM to 10:00 AM – Approximately 2 hours visit. Includes morning snack.

Day 3: 8:00 AM to 10:00 AM – Approximately 2 hours. Includes morning snack.

Day 4: 8:00 AM to 11:30 AM – Approximately 3.5 hours. Includes morning snack.

Day 5: 8:00 AM to 11:30 AM – Approximately 3.5 hours. Includes morning snack.

Week 1 : Group B

Day 1: 8:30 AM to 9:30 AM – Approximately 1 hour visit.

Day 2: 8:30 AM to 9:30 AM – Approximately 2 hours visit. Includes morning snack.

Day 3: 8:30 AM to 10:30 AM – Approximately 2 hours. Includes morning snack.

Day 4: 8:30 AM to 12:00 AM – Approximately 3.5 hours. Includes morning snack.

Day 5: 8:30 AM to 12:00 AM – Approximately 3.5 hours. Includes morning snack.

Week 1 : Group C

Day 1: 9:00 AM to 10:00 AM – Approximately 1 hour visit.

Day 2: 9:00 AM to 11:00 AM – Approximately 2 hours visit. Includes morning snack.

Day 3: 9:00 AM to 11:00 AM – Approximately 2 hours. Includes morning snack.

Day 4: 9:00 AM to 12:30 AM – Approximately 3.5 hours. Includes morning snack and lunch.

Day 5: 9:00 AM to 12:30 AM – Approximately 3.5 hours. Includes morning snack and lunch



Week 2 : Group A, B, C

Day 6: 8:00 AM to 12:00 PM – Approximately 3 hours. Includes morning snack.

Day 7: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 8: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 9: 8:00 AM to 3:00 PM – Approximately 7 hours. Includes morning snack and lunch and nap.

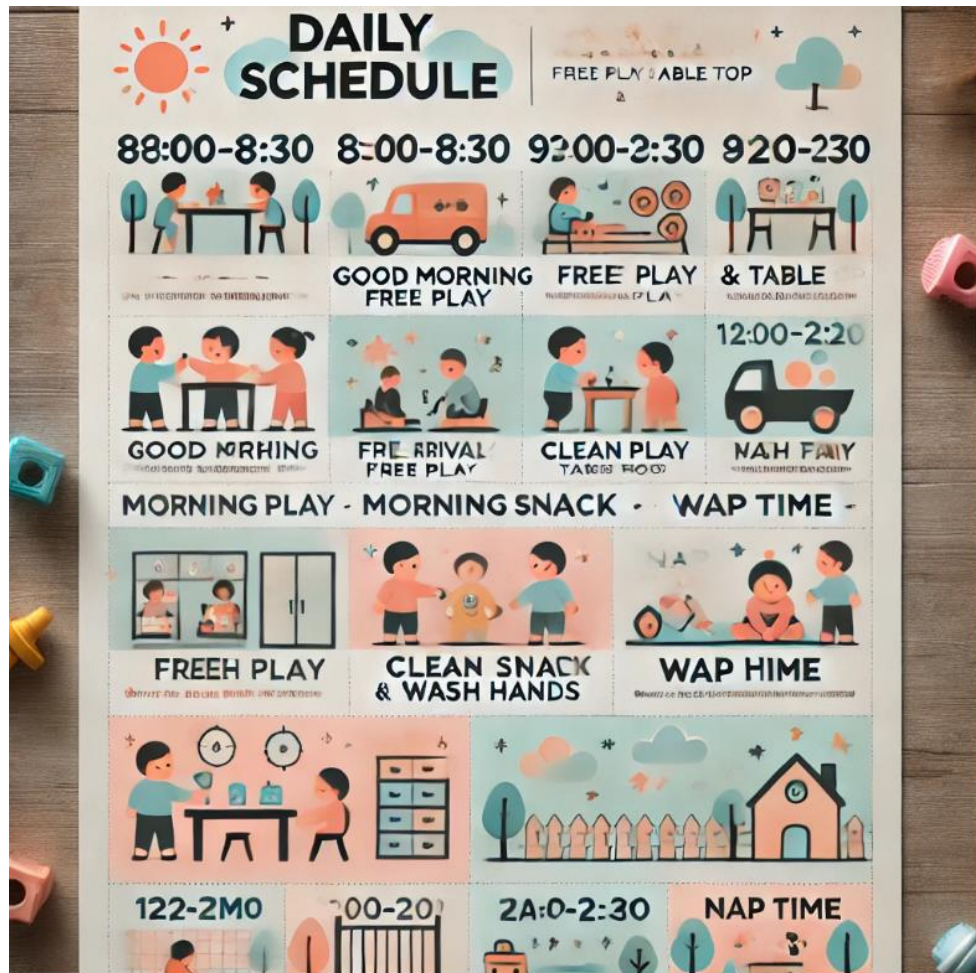
Day 10: 8:00 AM to 4:00 PM – Close to a full day. Includes morning snack, lunch, afternoon snack, and nap.

Week 3 and Beyond

Regular drop-off and pick-up schedules will apply.

Note:

The duration of these gradual entry steps may vary based on your child's comfort and settling time. Adjustments to the hours can be discussed with educators to accommodate individual needs.



Typical Daily Schedule

- **8:00 AM to 8:30 AM:** Good Morning! Arrival , Free Play & Tabletop activities
- **8:30 AM to 9:00 AM:** Diaper change , wash hands
- **9:00 AM to 9:30 AM:** Morning Snack , Clean up, wash hands
- **9:30 AM to 10:30 AM:** Outdoor play – Exploring nature, running, and group games.
- **10:30 AM to 11:00 AM:** Diaper change , wash hands.
- **11:00 AM to 11:30 AM :** Circle time, free play
- **11:30 AM to 12:00 PM:** Lunch , Clean up, wash hands.
- **12:00 PM to 2:30 PM:** Nap time
- **2:30 PM to 3:00 PM:** AF Diaper change ,wash hands
- **3:00 PM to 3:30 PM:** Afternoon snack
- **3:30 PM to 4:00 PM :** Creative play – Blocks, puzzles, and imaginative play
- **4:00 PM to 5:00 PM:** Wind-down activities and pickup.

Typical Monthly Calendar Example

Below is an example of a themed monthly calendar for
March: Spring Into Nature

- March 1:** Nature Walk
Explore local parks and observe plants.
- March 5:** Sensory Bin: Leaves & Twigs
Hands-on play with natural materials.
- March 10:** Garden Planting Day
Plant seeds and learn about plant growth.
- March 15:** Nature Art
Create art using leaves, flowers, and twigs.
- March 20:** Spring Equinox Celebration
Learn about the seasons and have a party.
- March 25:** Bug Hunt
Explore bugs with magnifying glasses.



A PREVIEW OF 2025 INFANTS AND TODDLERS

FOR INFANTS AND TODDLERS



Monthly Themes for Infants and Toddlers

- **January:** Winter Wonders
Discover the magic of snowflakes, winter animals, and cozy fun.
- **February:** Art from the Heart
Celebrate creativity and love through heart-inspired art projects.
- **March:** Spring Into Nature
Explore the beauty of blooming flowers, bugs, and nature walks.
- **April:** Little Scientists
Engage in hands-on experiments and explore the wonders of science.
- **May:** Around the World
Learn about different cultures, traditions, and foods from around the globe.
- **June:** Ocean Explorers
Dive into the wonders of the sea with activities about marine life and the beach.
- **July:** Summer Adventures
Enjoy summer fun with outdoor play, water games, and sunshine crafts.
- **August:** Animal Kingdom
Discover the world of animals with engaging activities about different species.
- **September:** Colors & Shapes
Learn about vibrant colors and shapes through play and creative projects.
- **October:** Autumn Treasures
Celebrate fall with activities about pumpkins,
- **November:** Giving Thanks
Focus on gratitude and kindness with themed stories and crafts.
- **December:** Holiday Cheer, Enjoy the festive season with activities celebrating various holidays.



Outdoor Time Activities

Centre's Playground

Safe and enclosed play area designed for young children.

Activities include climbing, sliding, sandbox fun, and free play with toys.

Encourages gross motor skills, teamwork, and creativity.

Westhills Playground

A vibrant and community-centered playground with a variety of equipment.

Activities include group games, obstacle courses, and exploration.

Ideal for building social skills and enjoying outdoor adventures.

Langford Lake

Nature walks along the scenic trails surrounding the lake.

Opportunities to observe wildlife, collect natural treasures, and enjoy storytelling sessions by the water.

Promotes mindfulness, curiosity, and environmental awareness.



First Day Supplies

Below is a comprehensive list to help your child's first day run smoothly:

1. Water Bottle

2. Food:

- Pack two healthy snacks and a lunch with an ice pack.
- For warm food, use a thermos (we do not warm food or refrigerate lunches).
- Ensure all food is nut-free, as our facility is nut-free.

3. Clothing:

- Two sets of spare clothes, including extra socks.
- Muddy buddies for Infants and Toddlers.
- Rain pants and a raincoat for 3- to 5-year-olds.
- Boots and a hat suitable for all weather conditions.
- Blanket and/or stuffed toy for nap time.

4. Sun Protection (Warmer Months):

- Sunscreen.
- Sunhat.



5. Footwear:

- Velcro shoes, slip-on shoes, or cozy slippers for indoors (Crocs are preferred).

6. Diapering (if applicable):

- Bag of diapers and wipes.
- Wet bag if using cloth diapers.
- If toilet training, pack at least 3-4 pull-up elastic waist pants and 4 pairs of underwear.

7. Earthquake Kit:

- Blanket.
- Water bottle.
- Special toy.
- Family photo with out-of-town emergency contacts on the back.
- A few dry snacks.
- Place all items in a large Ziplock bag with your child's full name written on the front.



Brightwheel App

We utilize Brightwheel to manage attendance, share updates, and communicate with parents. Please ensure you have the Brightwheel app installed and that your parent account is created and linked to your child.

Each parent will have a **4-digit PIN** to use for signing in and out. Our staff will be available to assist if needed.

Features

1. Attendance Tracking

1. Use this PIN during drop-off and pick-up.

2. Daily Updates

1. Receive real-time notifications about your child's activities, including meals, naps, and playtime.
2. Photos and videos of special moments are shared directly through the app.

3. Parent Communication

1. Use the app to send and receive messages with our staff.
2. Stay informed about events, reminders, and general updates.

Connie's Philosophy

Hello! I'm Connie, and my passion for inspiring children to explore and understand their world led me to become an educator.

At Lakepoint, my role as an Assistant Manager involves collaborating with our directors and managers to develop an exceptional curriculum and ensure smooth operations of the 3 infant toddler rooms – Cedar, Oak and Fern.

With a diploma in Early Childhood Education from Australia and seven years of teaching experience, I am dedicated to making a meaningful difference in the lives of young children. I strive to create a safe, nurturing environment that promotes emotional and physical growth. Energized and focused, I am committed to fostering respectful relationships with my colleagues and team. I eagerly anticipate the incredible adventures we will share at Lakepoint!



Core Beliefs

Children's Potential:

I believe that children are full of potential and that every child deserves a welcoming environment where they can play, explore, communicate, and establish relationships.

Building Identity:

Children learn about themselves and construct their identity within the context of their families and communities.

Relationships and Experiences:

Our goal is to build caring, respectful relationships and provide positive, awe-inspiring experiences at Lakepoint.

